



# Template: Dog Protein Source Selection Checklist

Generated: 5/6/2026

Based on Article: "Choosing the Right Protein Source for Your Dog: An In-Depth Guide"

Website: <https://therenownedhound.com>

A practical checklist to help you choose the right protein source for your dog, ensuring optimal health and nutrition.

## Checklist Items:

- 1. Assess Your Dog's Age and Health**  
Consider whether your dog is a puppy, adult, or senior, as their protein needs vary. Puppies often require highly digestible animal protein, while seniors may need simpler recipes.  
Reference Section: How to Choose the Right Protein Source for Your Dog
- 2. Evaluate Activity Level**  
Take into account your dog's activity level. Active breeds may need richer protein sources, while less active dogs might do better on a limited ingredient diet.  
Reference Section: How to Choose the Right Protein Source for Your Dog
- 3. Check for Sensitivities**  
Look for signs of food sensitivities, such as loose stools or itchy skin. This may guide you towards a single-protein recipe or a limited ingredient diet.  
Reference Section: How to Choose the Right Protein Source for Your Dog
- 4. Read the Ingredient Label**  
Focus on named animal proteins at the beginning of the ingredient list. Avoid vague terms like 'meat' or 'animal'.  
Reference Section: Label clues worth trusting
- 5. Look for High Digestibility**  
Choose proteins that are known for their high digestibility and complete amino acid profiles, such as chicken or beef.  
Reference Section: Understanding Why Protein Matters in Your Dog's Diet
- 6. Prioritize Meat Meals**  
Consider options with meat meals, which can be concentrated sources of protein, as long as they specify the meat type.  
Reference Section: Label clues worth trusting
- 7. Limit Filler Ingredients**  
Select foods with a short list of ingredients. Avoid those with long lists of fillers or low-quality binders.  
Reference Section: Label clues worth trusting

**8. Monitor Your Dog's Response**

After switching protein sources, observe your dog for any adverse reactions or improvements in health and energy levels.

Reference Section: [Making the Switch Safely and Monitoring Your Dog's Response](#)

**9. Consult Your Veterinarian**

If you have concerns about your dog's diet or health, always seek advice from a veterinarian for tailored recommendations.

Reference Section: [How to Choose the Right Protein Source for Your Dog](#)