

Template: Harvesting Techniques Checklist for Maximum Potency and Yield

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Based on Article: "Harvesting Techniques for Maximum Potency and Yield"

Website: <https://theseedconnect.com>

A practical checklist to ensure optimal harvesting techniques for enhancing the potency and yield of cannabis.

Checklist Items:

- 1. Check Trichome Maturity**
Inspect trichomes using a loupe or microscope. Aim for mostly cloudy with some amber trichomes for desired effects.
Reference Section: Diagnosing harvest readiness
- 2. Observe Pistil Color**
Look for a shift in pistil color from white to brown/red to confirm ripeness before harvest.
Reference Section: Diagnosing harvest readiness
- 3. Assess Calyx Swelling**
Ensure buds feel dense and squishy, indicating proper swelling of calyxes and readiness for harvest.
Reference Section: Diagnosing harvest readiness
- 4. Evaluate Overall Plant Health**
Check for yellowing leaves, which is normal late in flowering, but avoid plants with severe nutrient burn.
Reference Section: Diagnosing harvest readiness
- 5. Prepare Drying Environment**
Set up the drying area with 60-65% relative humidity and stable temperatures between 60-70°F to prevent mold.
Reference Section: Drying: environmental targets and timelines
- 6. Choose Harvest Method**
Decide between whole-plant, branch-by-branch, or selective harvesting based on your operational needs and desired control.
Reference Section: Choosing a harvest method: whole-plant vs. branch-by-branch vs. selective
- 7. Opt for Wet Trimming**
Perform wet trimming immediately after cutting to preserve more terpenes and reduce drying time.
Reference Section: Wet trimming vs. dry trimming: effects on potency, terpene retention and yield
- 8. Cure for At Least Four Weeks**
Initiate curing post-harvest and maintain for a minimum of four weeks to enhance flavors and stabilize cannabinoids.
Reference Section: Curing and storage for potency retention
- 9. Monitor Daily Trichome Changes**
Conduct daily checks on trichome development in the last two weeks to inform the optimal harvest time.
Reference Section: Diagnosing harvest readiness

10. Record Observations

Document your trichome checks and environmental conditions to track trends leading up to the harvest.

Reference Section: Diagnosing harvest readiness