

## Template: Economic Indicators Risk Management Checklist

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Based on Article: "How to Use Economic Indicators to Inform Your Risk Management"

Website: <https://nairafx.ng>

A practical checklist to help Forex traders utilize economic indicators for effective risk management.

### Checklist Items:

- 1. Monitor Economic Calendar**  
Stay updated with the economic calendar to anticipate upcoming data releases that could affect market conditions.  
Reference Section: Why economic indicators matter for risk management in Forex
- 2. Identify Key Indicators**  
Focus on interest rates, inflation, GDP, employment data, retail sales, and PMI as they have the most significant impact on Forex trading.  
Reference Section: The key indicators we should watch and what each one signals
- 3. Adjust Position Size**  
Reduce your position size ahead of major rate decisions to minimize risk during volatile periods.  
Reference Section: Reading the core signals
- 4. Widen Stops**  
Widen your stop-loss orders if volatility is expected to rise, especially around important economic releases.  
Reference Section: Reading the core signals
- 5. Separate Slow-Moving and Fast-Moving Data**  
Distinguish between slow-moving indicators (like GDP) and fast-moving data (like employment figures) to inform your trading strategy.  
Reference Section: The key indicators we should watch and what each one signals
- 6. Evaluate Market Conditions After Data Releases**  
After major releases, wait for the market to stabilize before placing new trades to avoid slippage.  
Reference Section: A practical framework for using indicators before, during, and after a trade
- 7. Protect Correlated Exposure**  
Ensure that you are not overexposed to correlated currency pairs that may move together during economic announcements.  
Reference Section: Why economic indicators matter for risk management in Forex
- 8. Practice Discipline in Trading**  
Maintain a disciplined approach to trading by adhering to your risk management plan based on economic indicators.  
Reference Section: Building a repeatable indicator-based risk routine