

Template: Pre-Trade Risk Management Checklist

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Based on Article: "strategi forex terbaik untuk mengurus risiko sebelum masuk trade"

Website: <https://ringgitfx.com>

A practical checklist for managing risk before entering a forex trade, ensuring informed decision-making and minimizing potential losses.

Checklist Items:

- ☐ **1. Define Your Thesis and Invalidation Point**
Clearly articulate your market thesis and establish the invalidation point where your thesis no longer holds true.
Reference Section: How the pre-trade risk framework works from idea to order
- ☐ **2. Determine Account Risk**
Calculate the risk per trade as a fixed percentage of your equity. Ensure this percentage is predetermined to prevent emotional decision-making.
Reference Section: Pre-entry risk checklist
- ☐ **3. Set Stop-Loss Based on Market Structure**
Choose your stop-loss level according to market structure (support/resistance, swing highs/lows) rather than personal comfort or lot size.
Reference Section: How the pre-trade risk framework works from idea to order
- ☐ **4. Calculate Execution Costs**
Assess the live spread, commission per lot, and potential slippage to understand the total execution cost of the trade.
Reference Section: How the pre-trade risk framework works from idea to order
- ☐ **5. Check Upcoming High-Impact News**
Review the economic calendar for any major news releases that could affect market volatility during your trade holding period.
Reference Section: Pre-entry risk checklist
- ☐ **6. Evaluate Reward-to-Risk Ratio**
Ensure that the expected reward-to-risk ratio meets the minimum requirements established in your trading plan before entering the trade.
Reference Section: Pre-entry risk checklist
- ☐ **7. Adjust Position Size Accordingly**
Calculate your position size based on the account risk and stop-loss distance to ensure that you do not exceed your risk tolerance.
Reference Section: How the pre-trade risk framework works from idea to order
- ☐ **8. Implement a Go/No-Go Decision**
After assessing all factors, decide whether to proceed with the trade, reduce size, or cancel based on your findings.
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