

Template: Cannabis Seed Germination Temperature Control Checklist

Generated: 7/21/2026

Based on Article: "Temperature Control: The Secret to Successful Cannabis Seed Germination"

Website: <https://theseedconnect.com>

A practical checklist to ensure optimal temperature conditions for successful cannabis seed germination.

Checklist Items:

- ☐ **1. Check Room Temperature Stability**
Ensure that the room temperature remains stable throughout the day and night, ideally between 75°F to 80°F.
Reference Section: Here's the temperature setup we want before the first seed goes in
- ☐ **2. Ensure Seed Tray Has Indirect Heat**
Position the seed tray to receive gentle bottom warmth instead of direct heat from lamps or vents.
Reference Section: Here's the temperature setup we want before the first seed goes in
- ☐ **3. Position Thermometer or Probe Correctly**
Place a thermometer or temperature probe at the level of the medium where the seeds are located to measure accurate temperatures.
Reference Section: Here's the temperature setup we want before the first seed goes in
- ☐ **4. Avoid Direct Sunlight or Heating Vents**
Ensure that no direct sunlight or airflow from heating vents is hitting the seed tray, as this can create temperature fluctuations.
Reference Section: Here's the temperature setup we want before the first seed goes in
- ☐ **5. Maintain Consistent Moisture Level**
Keep the growing medium consistently damp, not soggy, to balance temperature and oxygen levels for the seeds.
Reference Section: Here's the temperature setup we want before the first seed goes in
- ☐ **6. Evaluate Heat Source Effectiveness**
Regularly check the heat source to ensure it provides consistent warmth without causing overheating or cold spots.
Reference Section: What if your heat source is helping one day and hurting the next?
- ☐ **7. Monitor Temperature with a Reliable Thermostat**
Use a reliable thermostat to maintain the desired temperature range and prevent sudden fluctuations.
Reference Section: What if your heat source is helping one day and hurting the next?
- ☐ **8. Conduct Side-by-Side Tests**
Perform tests with two trays of seeds in different environments to observe the impact of temperature on germination speed.
Reference Section: What if the real reason your seeds are stalling is the temperature, not the seed?